

# BUG OUT BAG

Bug out with the gear you need...

TRUEPREPPER

This list is organized by category, color-coded by importance, and linked to extensive reviews.

☐ Essential Items

☐ Suggested Gear

☐ Situation-Specific

## Bug Out Bag

☐ Bug Out Backpack

## Water

☐ Water Filter

☐ Purification Tablets

☐ Steel Water Bottle

☐ Canteen With Cup

☐ Water (3L+)

☐ Bleach

☐ Coffee

☐ Electrolyte Mix

☐ Sillcock Key

## Food

☐ Emergency Ration Bars

☐ MREs (Meal Ready-to-Eat)

☐ Camp Utensils

☐ Can Opener

☐ Stove

☐ Steel Pot

☐ Fishing Kit

☐ Snare Kit

☐ Beef Jerky

☐ Condiments

☐ Multi-Vitamins

☐ Conibear Trap

☐ Edible Plants Guide

## Shelter & Warmth

## Nav & Comms

☐ Weather Radio

☐ Compass

☐ Local Maps

☐ Survival Mirror

☐ Signal Flares

☐ Whistle

☐ GPS Watch

☐ Ranger Beads

☐ Ham Radio

☐ CB Radio

☐ Binoculars

## Medical & First Aid

☐ Basic First Aid Kit

☐ Prescription Medication

☐ Sun Screen

☐ Insect Repellent

☐ Anti-diarrheal Tabs

☐ Iodide Tablets

☐ Extra OTC Medication

☐ Trauma Kit (if trained)

☐ Sting Relief

☐ First Aid Guide

## Hygiene & Sanitation

☐ Toothbrush

☐ Toothpaste

☐ Soap

☐ Feminine Supplies

## Protection

☐ Handgun (if trained)

☐ Ammunition

☐ Pepper Spray

☐ Rifle

☐ Ammo Pouch

☐ Perimeter Alarm

## Tools

☐ Survival Knife

☐ Bushcraft Knife

☐ Multitool

☐ Paracord

☐ Duct Tape

☐ Folding Saw

☐ Super Glue

☐ Zip Ties

☐ Sewing Kit

☐ Hatchet

☐ Shovel

☐ Machete

☐ Prybar

☐ Hacksaw

☐ Zip-Lock Bags

☐ Waterproof Bags

☐ Pliers

☐ Rope

☐ Steel Wool

☐ Pocket Sharpener




☐ Gun Cleaning Kit

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<input type="checkbox"/> Essential Items	<input type="checkbox"/> Suggested Gear	<input type="checkbox"/> Situation-Specific
<input type="checkbox"/> Waterproof Tarp	<input type="checkbox"/> Hand Sanitizer	 <b>Personal Items</b>
<input type="checkbox"/> Survival Blanket	<input type="checkbox"/> Portable Bidet	<input type="checkbox"/> Emergency Plan
<input type="checkbox"/> Bivvy Sack	<input type="checkbox"/> Garbage Bags	<input type="checkbox"/> Copy of ID
<input type="checkbox"/> Waterproof Matches	<input type="checkbox"/> Shaving Supplies	<input type="checkbox"/> Cash Stash
<input type="checkbox"/> Lighter	<input type="checkbox"/> Foot Powder	<input type="checkbox"/> Rainproof Pen
<input type="checkbox"/> Tent	<input type="checkbox"/> Toilet Paper	<input type="checkbox"/> Waterproof Notebook
<input type="checkbox"/> Ferro Rod	<input type="checkbox"/> Floss	<input type="checkbox"/> Copy of Birth Certificate
<input type="checkbox"/> Tinder	<input type="checkbox"/> Compressed Towels	<input type="checkbox"/> Copy of Passport
<input type="checkbox"/> Sleeping Bag		<input type="checkbox"/> Playing Cards
<input type="checkbox"/> Sleeping Mat/Ground Pad	 <b>Clothing</b>	<input type="checkbox"/> Silver
<input type="checkbox"/> Rainproof Shell	<input type="checkbox"/> Work Gloves	<input type="checkbox"/> Gold
<input type="checkbox"/> Magnifying Glass	<input type="checkbox"/> Socks	<input type="checkbox"/> USB Drive
<input type="checkbox"/> Handwarmers	<input type="checkbox"/> Long Sleeve Shirt	<input type="checkbox"/> Bug Out Bag Checklist
<input type="checkbox"/> Tent Stakes	<input type="checkbox"/> Underwear	<input type="checkbox"/> Important Documents
 <b>Power &amp; Energy</b>	<input type="checkbox"/> Pants	<input type="checkbox"/> Bible
<input type="checkbox"/> Cell Phone Charger	<input type="checkbox"/> Rain Poncho	
<input type="checkbox"/> Flashlight	<input type="checkbox"/> N95 Masks	
<input type="checkbox"/> Headlamp	<input type="checkbox"/> Nitrile Gloves	
<input type="checkbox"/> Batteries	<input type="checkbox"/> Bandana	
<input type="checkbox"/> Candles	<input type="checkbox"/> Hat	
<input type="checkbox"/> Power Bank	<input type="checkbox"/> Jacket	
<input type="checkbox"/> Glow Sticks	<input type="checkbox"/> Boots/Shoes	
<input type="checkbox"/> Solar Panel	<input type="checkbox"/> Long Underwear	
<input type="checkbox"/> Power Station	<input type="checkbox"/> Sunglasses	
<input type="checkbox"/> Stove Fuel	<input type="checkbox"/> Scarf/Shamagh	
	<input type="checkbox"/> Earplugs	

# BOB



For more information visit: <https://trueprepper.com/kits/bug-out-bag-list/>