

EVERYDAY CARRY CHECKLIST

Prepping your way, every day...

TRUEPREPPER

This list is organized by category, color-coded by importance, and linked to extensive reviews.

☐ Essential Items

☐ Suggested Gear

☐ Situation-Specific

Everyday Clothing

- ☐ Work Gloves
- ☐ Socks
- ☐ Shirt
- ☐ Underwear
- ☐ Pants
- ☐ Hat
- ☐ Bandana
- ☐ Boots/Shoes
- ☐ Belt
- ☐ Jacket
- ☐ Poncho
- ☐ Sunglasses
- ☐ Scarf/Shamagh
- ☐ Compressed Towels
- ☐ Handwarmers

Nav/Tech/Comm

- ☐ Cell Phone
- ☐ Cell Phone Charger
- ☐ EDC Flashlight
- ☐ GPS Watch
- ☐ Survival Mirror
- ☐ Power Bank
- ☐ Batteries
- ☐ Whistle
- ☐ Compass
- ☐ Local Maps
- ☐ Ham Radio
- ☐ CB Radio
- ☐ Ranger Beads

Hygiene

- ☐ Feminine Supplies
- ☐ Hand Sanitizer
- ☐ Floss
- ☐ Toothbrush
- ☐ Toothpaste

Personal Items

- ☐ Keys
- ☐ Wallet
- ☐ Cash Stash
- ☐ Identification
- ☐ Rainproof Pen
- ☐ Waterproof Notebook
- ☐ USB Drive
- ☐ Fishing/Hunting License
- ☐ Playing Cards

Water

- ☐ Steel Water Bottle
- ☐ Purification Tablets
- ☐ Water Filter
- ☐ Water (1L)

Food

- ☐ Protein Bars
- ☐ Emergency Ration Bars
- ☐ Camp Utensils
- ☐ Field Can Opener
- ☐ EDC Fishing Kit
- ☐ Beef Jerky
- ☐ Condiments
- ☐ Multi-Vitamins

Fire

- ☐ Lighter
- ☐ EDC Magnifying Glass
- ☐ Ferro Rod
- ☐ Tinder
- ☐ Waterproof Matches
- ☐ Pencil Sharpener

First Aid

- ☐ Mini First Aid Kit
- ☐ Prescription Medication

Tactical

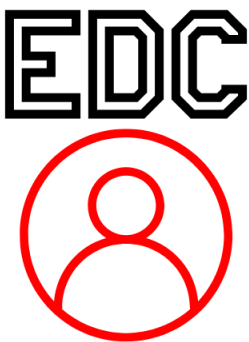
- ☐ Folding Knife
- ☐ CCW Handgun (if trained)
- ☐ Ammunition
- ☐ Pepper Spray
- ☐ Handcuff Key

Tools

- ☐ EDC Multitool
- ☐ Sewing Kit
- ☐ Paracord
- ☐ Carabiner
- ☐ Duct Tape
- ☐ Zip Ties
- ☐ Pocket WD-40
- ☐ Pocket Sharpener
- ☐ Super Glue
- ☐ EDC Prybar

Pouches/Bags

- ☐ EDC Backpack
- ☐ EDC Pouch
- ☐ Garbage Bags
- ☐ Ziploc Bags
- ☐ Ammo Pouch



For more information visit: <https://trueprepper.com/kits/everyday-carry-list/>