EVERYDAY CARRY

Be prepared each and every day...

TRUEPREPPER

This list is organized by category, color-coded by importance, and linked to extensive reviews.

Essential Items	Suggested Gear	Situation-Specific
Everyday Clothing	Personal Items	
Work Gloves	Keys	CCW Handgun (if trained)
Socks	■ Wallet	Ammunition
Shirt	Cash Stash	Pepper Spray
Underwear	Identification	☐ Handcuff Key
Pants	Rainproof Pen	Ammo Pouch
Hat	Waterproof Notebook	
Bandana	USB Drive	Tools
☐ Boots/Shoes	Document Copies	☐ EDC Multitool
☐ Belt	Playing Cards	Folding Knife
Jacket		Sewing Kit
Poncho	▲ Water	Paracord
Sunglasses	Steel Water Bottle	Carabiner
Scarf/Shamagh	Purification Tablets	☐ Duct Tape
	■ Water Filter	Zip Ties
Nav & Comms	Water (1L)	Pocket WD-40
Cell Phone		Pocket Sharpener
GPS Watch	% Food	Super Glue
Survival Mirror	Protein Bars	EDC Prybar
■ Whistle	Emergency Ration Bars	Ziploc Bags
Compass	Camp Utensils	
Local Maps	Field Can Opener	Everyday Carry Bag
Ham Radio	☐ EDC Fishing Kit	EDC Backpack
CB Radio	☐ Beef Jerky	☐ EDC Pouch
Ranger Beads	Condiments	
	☐ Multi-Vitamins	
Power & Energy		
Cell Phone Charger	Shelter & Warmth	
EDC Flashlight	Lighter	

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Essential Items	Suggested Gear	Situation-Specific	
☐ Batteries	☐ EDC Magnifying Glass		
Power Bank	Ferro Rod		
	☐ Tinder		
Hygiene & Sanitation	■ Waterproof Matches	IE IUIC	
Feminine Supplies	Pencil Sharpener		
Hand Sanitizer	Handwarmers		
Floss			
Toothbrush	Medical & First Aid	(>)	
Toothpaste	Mini First Aid Kit	VV	
Garbage Bags	Prescription Medication		
Compressed Towels	☐ Insect Repellent		
☐ Wet Wipes	Sunscreen		
For more information visit: https://trueprepper.com/kits/everyday-carry-list/			